

LESROOSTER

TIJD	MAANDAG		DINSDAG		WOENSDAG		DONDERDAG		VRIJDAG		ZATERDAG			ZONDAG	
	JP	JEN	JP	JEN	JP	JEN	JP	JEN	JP	JEN	JP	JEN	DJA	JP	JEN
07.00-07.15															
07.15-07.30	PERSONAL FITNESS		PERSONAL FITNESS		PERSONAL FITNESS				PERSONAL FITNESS						
07.30-07.45															
07.45-08.00															
08.00-08.15	PERSONAL FITNESS		PERSONAL FITNESS		PERSONAL FITNESS				PERSONAL FITNESS						
08.15-08.30															
08.30-08.45															
08.45-09.00															
09.00-09.15	PERSONAL FITNESS		PERSONAL TRAINING		PERSONAL FITNESS				PERSONAL FITNESS			POWERSLED WORKOUT	BT BOOTCAMP		
09.15-09.30															
09.30-09.45															
09.45-10.00															
10.00-10.15															
10.15-10.30	SYNRGY WORKOUT				SYNRGY WORKOUT				PERSONAL TRAINING			PERSONAL TRAINING	PERSONAL FITNESS		
10.30-10.45															
10.45-11.00															
11.00-11.15															
11.15-11.30	PERSONAL TRAINING				PERSONAL TRAINING				PERSONAL TRAINING			PERSONAL TRAINING	PERSONAL FITNESS		
11.30-11.45															
11.45-12.00															
12.00-12.15															
12.15-12.30	PERSONAL FITNESS				PERSONAL FITNESS				PERSONAL FITNESS			PERSONAL TRAINING	PERSONAL FITNESS		
12.30-12.45															
12.45-13.00															
13.00-13.15															
13.15-13.30	PERSONAL FITNESS		PERSONAL FITNESS		PERSONAL FITNESS				PERSONAL FITNESS						
13.30-13.45															
13.45-14.00															
14.00-14.15															
14.15-14.30	PERSONAL FITNESS		PERSONAL FITNESS		PERSONAL FITNESS				PERSONAL FITNESS						
14.30-14.45															
14.45-15.00															
15.00-15.15															
15.15-15.30	PERSONAL TRAINING		PERSONAL FITNESS		PERSONAL FITNESS				PERSONAL TRAINING						
15.30-15.45															
15.45-16.00															
16.00-16.15															
16.15-16.30	PERSONAL FITNESS		PERSONAL FITNESS		PERSONAL TRAINING				PERSONAL FITNESS						
16.30-16.45															
16.45-17.00															
17.00-17.15															
17.15-17.30															
17.30-17.45															
17.45-18.00															
18.00-18.15															
18.15-18.30	PERSONAL TRAINING	PERSONAL FITNESS	PERSONAL FITNESS				PERSONAL FITNESS	PERSONAL FITNESS							
18.30-18.45															
18.45-19.00															
19.00-19.15															
19.15-19.30	BT BOOTCAMP	SYNRGY WORKOUT	SYNRGY WORKOUT				PERSONAL FITNESS	BT BOOTCAMP							
19.30-19.45															
19.45-20.00															
20.00-20.15															
20.15-20.30	GRATIS BLESSURES PREEKUUR	PERSONAL FITNESS	PERSONAL TRAINING				FASTFIT WORKOUT	PERSONAL FITNESS	PERSONAL TRAINING	PERSONAL FITNESS					
20.30-20.45	GRATIS BLESSURES PREEKUUR														
20.45-21.00	GRATIS BLESSURES PREEKUUR														
21.00-21.15															
21.15-21.30	PERSONAL TRAINING	PERSONAL FITNESS	PERSONAL FITNESS				PERSONAL FITNESS	PERSONAL FITNESS							
21.30-21.45															
21.45-22.00															

TRAINEN BUITEN OPENINGSTIJDEN? VRAAG GERUST NAAR DE MOGELIJKHEDEN!